

# Ottimizzazione delle nuovo opzioni per la profilassi ed il trattamento dell'infezione da CMV post-triapanto

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# HIGHLIGHTS IN EMATOLOGIA TREVISO, 18-19 NOVEMBRE 2022

#### **Disclosures of Russell Lewis**

Company name	Research support	Employee	Consultant	Stockholder	Speakers bureau	Advisory board	Other
Merck	Х						
F2G			Х			Х	
Scynexis			Х				
Pfizer					Х		
Avir					Х		
Gilead	Х		Х		Х		



Optimizing new antivirals for prophylaxis and treatment of CMV

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## Agenda

- Brief review CMV management strategies
- How has letermovir transformed CMV management?
- What will be the future role for maribavir?

...will defer discussion of CMI monitoring (and potential role of adoptive immunotherapy) to the subsequent speaker

### **CMV in HSCT: Background**

- CMV infection is prevalent following HSCT with a high cumulative incidence of reactivation:<sup>1,2</sup>
  - Without prophylaxis, between 30-70% in CMV seropositive HSCT recipients develop CMV infection
- Any CMV reactivation is associated with higher all-cause mortality<sup>2</sup>
- Considerable improvements in CMV end-organ disease over the last 20 years<sup>3</sup>
  - (1990s) 18-27%
  - (2000s) 1.5-10%
- Moderate improvements in CMV-attributable mortality in patients with end-organ disease<sup>3,4</sup>
  - CMV pneumonia 30d mortality:  $45 \rightarrow 30\%^3$



<sup>1</sup>Dziedzic M et al. Anticancer Res. 2017 37:6551-6 <sup>2</sup>Teira P et al. Blood. 2016 127:2427-2438 <sup>3</sup>Erard V et al. Clin Infect Dis. 2015 61:31-39 <sup>4</sup>Limaye AP et al. Clin Microbiol Rev. 2020 34:e00043-19

## **Direct and indirect effects of CMV infection**

#### **Direct effects**

(tissue invasion and damage)

- Pneumonia
- Colitis
- Encephalitis
- Hepatitis
- Bone marrow suppression



H&E stain demonstrating CMV in lung biopsy

#### **Indirect effects**

(altered immunosuppression/inflammation)

- Increased incidence/severity of GVHD
- Increased mortality from bacterial and fungal infection
- Increased thrombotic/cardiovascular events



aGVHD of colon with crypt apoptosis

Kotton CN. Et al. A report from the International CMV Symposium 2021. Transpl Infect Dis 2022 In press

### **Antiviral therapies for CMV**

Ganciclovir (GCV), Foscarnet (FOS), Cidofovir (CDV)





Razonable RR. Curr Opin Organ Transplant. 2018 23:388-394.

### **Dose-limiting toxicities of nucleoside analogues**



#### Ganciclovir, valganciclovir

**Myelosuppression**  $\rightarrow$  direct cytotoxicity to myeloid stem cells  $\rightarrow$  neutropenia, thrombocytopenia up to 50% of patients



#### Foscarnet, cidofovir

Acute kidney injury  $\rightarrow$  foscarnet: tubular interstitial nephritis, electrolyte disturbances in 25%, neurologic toxicity, cutaneous toxicities (ulceration)

Acute kidney injury  $\rightarrow$  cidofovir: proximal tubular damage in up to 25% of patients, myelosuppression

Boeckh M et al. Biol Blood Marrow Transplant. 2015 21:24-29.

### Management of CMV post allo-HSCT Prophylaxis vs. preemptive therapy

	Prophylaxis	Preemptive therapy
Description	<ul> <li>Antivirals administered to all patients prior to onset of CMV infection</li> </ul>	<ul> <li>Routine monitoring for CMV infection (DNAemia)</li> <li>Treatment started after detection of asymptomatic CMV infection</li> </ul>
Pros	<ul> <li>Can prevent direct and indirect CMV effects</li> <li>Viral load monitoring not required if antiviral is effective</li> <li>Covers CMV disease without detectable CMV DNA</li> <li>Reduce all-cause mortality?</li> </ul>	<ul> <li>Targets patients at highest risk</li> <li>Minimizes over-treatment and toxicity</li> <li>Improved CMV-specific immunoreconsititution</li> </ul>
Cons	<ul> <li>Potential over treatment/ added cost</li> <li>Concerns for drug resistance</li> <li>Delays CMV-specific immune-reconstitution</li> <li>Increased risk for myelotoxicity, acute kidney injury</li> </ul>	<ul> <li>Potential missed cases of CMV disease if not proceeded by DNAemia</li> <li>Relies on availability of timely CMV testing</li> <li>Concern for survival disadvantage</li> </ul>

#### Preemptive therapy has been the standard of care for last 20 years

## Impact of preemptive therapy approaches on ganciclovir/ foscarnet toxicity



Preemptive therapy for CMV increased the risk of neutropenia and AKI in the first 100 days post-HCT by 1.8-fold and 2.8-fold, respectively.

Zavras P et al. Biol Blood Marrow Transplant 2020;26:1482-1491.

**Neutropenia** 

## Key medical need: Less toxic antivirals

- Negative impact of CMV reactivation independent of end-organ disease
- Cross-resistance among all nucleoside analogues
- Dose-limiting toxicities of current antivirals

## Letermovir



- Indicated for prophylaxis of CMV infection and disease in seropositive allo-HCT
  - Inhibitor of CMV terminase complex:
    - Function → cleaves long DNA into single functional CMV DNA units → encapsulation into viral procapsid
- Activity only against hCMV, no other herpesviruses
- Little cross-resistance with other anti-CMV nucleoside inhibitors
- Available IV, oral (bioavailability 35-94%)
  - Bioavailability impacted by CsA (OATP transporters) reduce letermovir oral dose by 50%)
- Multiple drug interactions (letermovir is a substrate and inhibitor of multiple CYPP450 pathways)

## Letermovir mechanism of action

**Implications for PCR monitoring** 

- Standard qPCR used for preemptive management will not necessarily distinguish viable vs. non-viable virus in letermovir-treated patients
- Low-level DNAemia "blips" common (30%) during letermovir treatment- not infectious virus<sup>1</sup>
- Possible solutions:<sup>1-3</sup>
  - DNAse 1-pretreatment of plasma digest concatemeric (non-replicative) DNA<sup>1,2</sup>
  - Confirmation of DNAemia with early shell-vial culture<sup>3</sup>
  - Use higher thresholds for initiating preemptive therapy rarely reached with abortive virus (e.g., 10,000 HCMV DNA copies/ml) <sup>2-4</sup>
  - Monitoring pp67 mRNA (late hCMV-gene transcript)

<sup>1</sup> Cassaniti I et al. Am J Transplant 2021; 21:1622–1628. FOR <sup>2</sup> Weinberger S, Steininger C. Antiviral Res. 2022 201:105299. <sup>3</sup>Girmenia C et al. Clin Transplant 2019; 33:e13666. <sup>4</sup> Einsele H et al. Blood. 2020 135:1619-1629.



## Letermovir prophylaxis for CMV in allo-HCT

#### **Phase III trial design**



"High risk: having a related donor with at least one mismatch at one of the specified three HLA gene loci (HLA-A, B or DR); having an unrelated donor with at least one mismatch at one of the specified four HLA gene loci (HLA-A, B, C, and DRB1); having a haploidentical donor; the use of umbilical cord blood as the stem-cell source; the use of ex vivo T-cell– depleted grafts; and having graft-versus-host disease of grade 2 or greater that led to the use of 1 mg or more of prednisone (or its equivalent) per kilogram of body weight per day.

Marty FM et al. N Engl J Med. 2017 377:2433-2444.

## Letermovir prophylaxis for CMV in allo-HCT

Underrepresentation of high-risk populations?

Marty FM et al. N Engl J Med. 2017 377:2433-2444.

Characteristic	Letermovir Group (N=373)	Placebo Group (N=192)	
Age — yr			
Median	53	54	
Range	18-75	19–78	
Male sex — no. (%)	211 (56.6)	116 (60.4)	
Race — no. (%)†			
White	301 (80.7)	162 (84.4)	
Asian	40 (10.7)	18 (9.4)	
Other	32 (8.6)	12 (6.2)	
CMV-seropositive donor — no. (%)	230 (61.7)	114 (59.4)	
Primary reason for hematopoietic-cell transplantation — no. (%	5)		
Acute myeloid leukemia	142 (38.1)	72 (37.5)	
Myelodysplastic syndrome	63 (16.9)	22 (11.5)	
Non-Hodgkin's lymphoma	47 (12.6)	28 (14.6)	
Acute lymphocytic leukemia	35 (9.4)	17 (8.9)	
Other disease	86 (23.1)	53 (27.6)	
HLA matching and donor type — no. (%)			
Matched unrelated	138 (37.0)	78 (40.6)	
Matched related	121 (32.4)	63 (32.8)	
Mismatched related	63 (16.9)	24 (12.5)	
Mismatched unrelated	51 (13.7)	27 (14.1)	
Haploidentical related donor — no. (%)	60 (16.1)	21 (10.9)	14.3
Stem-cell source — no. (%)			
Peripheral blood	279 (74.8)	134 (69.8)	
Bone marrow	82 (22.0)	47 (24.5)	
Cord blood	12 (3.2)	11 (5.7)	4%
Myeloablative conditioning regimen — no. (%)	186 (49.9)	97 (50.5)	
Antithymocyte globulin use — no. (%)	140 (37.5)	58 (30.2)	
Alemtuzumab use — no. (%)	12 (3.2)	11 (5.7)	
Ex vivo T-cell depletion — no. (%)‡	9 (2.4)	5 (2.6)	2.5
Immunosuppressant use — no. (%)			
Cyclosporine	193 (51.7)	100 (52.1)	
Tacrolimus	160 (42.9)	79 (41.1)	
Mycophenolate§	120 (32.2)	51 (26.6)	
Sirolimus or everolimus	30 (8.0)	20 (10.4)	
Acute GVHD of grade ≥2 at randomization — no. (%)	2 (0.5)	1 (0.5)	
Risk of CMV disease — no. (%)¶			
High risk	121 (32.4)	54 (28.1)	
Low risk	252 (67.6)	138 (71.9)	

### Letermovir prophylaxis for CMV post HCT

#### **Primary and secondary endpoints**

#### **Clinically Significant CMV Infection** Death from Any Cause through Wk 48, High-Risk Subgroup P=0.24 by log-rank test 100-40-Placebo P<0.001 by log-rank test Cumulative Rate of Infection (%) 90-100-30 80-90-70etermovir 20-All-cause mortality at week 24: Cumulative Rate of Death from Any Cause (%) 80-Letermovir 10.2% vs. 15.9%, P=0.03 60-70-HR 0.74 (95% CI 0́.49-10 50-1.11), p=0.71 Placebo 60-HR 0.58 (95% CI 0.35-0.98), p=0.04 40-41.8% 50-14 24 32 40 48 30-40-Letermovir 20-30-17.5% 20-10-10-0 10 14 18 24 0 2 6 24 32 40 14 48 0 6 Weeks since Transplantation Weeks since Transplantation No. at Risk No. at Risk Placebo 70 170 169 135 96 85 77 Placebo 25 45 40 34 28 27 12 279 254 Letermovir 325 320 299 270 212 92 82 73 67 Letermovir 102 96 44

CMV disease was uncommon (occurring in 1.5% of the patients in the letermovir group and 1.8% of those in the placebo group) and involved the gastrointestinal tract in all cases.

Marty FM et al. N Engl J Med. 2017 377:2433-2444. Ljungman P et al. Clin Infect Dis. 2020;70:1525-33

### Letermovir prophylaxis for CMV post HCT Safety

- Treatment discontinuation:
  - Letermovir 29% (vomiting, edema, dyspnea, afib/flutter)
  - Placebo 58.8% (CMV infection leading cause)
- Preemptive therapy was administered in 24 (7.7%) letermovir-treated patients because of breakthrough DNAemia (3.7%)
- Acute kidney injury rates in letermovir group were similar to placebo
- No difference in time-to engraftment vs. placebo

Marty FM et al. N Engl J Med. 2017 377:2433-2444.

## **Guideline recommendations** ASTCT and ECIL-7

"We recommend letermovir prophylaxis for adult CMV seropositive allogeneic HCT recipients, to begin no later than 28 days after HCT and continuing through day 100 (A-I)."

- Based on clinical evidence to date and weighing other issues such as cost, some centers may choose to target higher-risk HCT recipients
- CMV DNA qPCR should be assessed before initiating letermovir prophylaxis (A-II). If quantifiable CMV DNAemia is detected, PET should be considered

"We recommend monitoring through 6 months (Day 180) after HCT with initiation of PET according to institution-specific guidelines (A-II)."

- Clinically significant CMV infection was observed by week 24 after stopping letermovir prophylaxis at week 14 in ~10% of all patients and in ~20% among those at higher risk for CMV infection
- Letermovir prophylaxis may delay CMVspecific cellular immune reconstitution compared to monitoring and PET, perhaps as a result of suppression of reactivation and consequent decreased CMV antigen exposure

**PET-Preemptive therapy** 

ASTCT Guidelines. Hakki M et al. Transplantation and Cellular Therapy 2021;27:707-719. ECIL-7 Guidelines. Ljungman P et al. Lancet Infect Dis 2019;19:e260

### When should prolonged letermovir (or continued intensive PET) be considered?

- The following conditions persist after day 100:
  - Lymphopenia (< 100 lymphocytes/mm<sup>3</sup>)
  - CMV infection before day 100
  - GVHD requiring high-dose prednisone (≥ 0.5 mg/kg/d) or equivalent
  - Absence of CMV T-cell specific immunity (if measured)

# Extension of letermovir from day 100 to day 200 day for post-transplant prevention of CMV infection in HSCT



PET-Preemptive therapy

Clinicaltrials.gov Nov 1, 2022: NCT03930615

## Letermovir resistance

### Low barrier for resistance development

Patient risk factors: CMV DNAemia at time of randomization,\* GI GVHD (impaired absorption),

treatment interruptions, low letermovir concentrations in blood **Previously identified** mutations On treatment virologic N=55 patients Amino acid substitutions were observed failure with "virologic" failure 3/8 (38%) in pUL56 more frequently in letermovirin phase II/IIII clinical treated subjects compared to placebo: trials Phase III studies L134V, E157G, S227I, Q228H, V236M,\* (n=30) E237G, S255L, I313V, C325W;\*\*A366P, R410G, D414N, A425V/A, G430V, E495Q, Y575C, L658S, S705F, R816W, and P846L 0/22 (0%) **Off-treatment virologic** failures

\*31% of patients with detectable DNAemia at the time of randomization to letermovir in the phase III prophylaxis required discontinuation and initiation of standard PET

US FDA Clinical virology review NDA: 209939 Alain S et al. J Antimicrob Chemother 2020; 75:2253–2257.

## **Refractory CMV infection**



Khawaja F et al. Clin Microbiol Infect. 2022

# Poor outcome in HCT patients with refractory CMV



Karantoni E et al. Transplant Cell Ther. 2022 28:403.e1-403.e7.

## Maribavir



- Oral benzimidazole nucleoside recently approved in US/EMA for treatment of R/R CMV
- Mechanism of action: Inhibits UL97 polymerase, which impacts viral replication, DNA encapsulation and egress
- Some risk of cross-resistance with current nucleoside analogues
  - UL97 mutations confer resistance to maribavir
  - Some UL97 mutations associated with cross-resistance to both ganciclovir and maribavir
- Spectrum of action: hCMV only (Epstein Barr in vitro)



## Maribavir will antagonize ganciclovir



## Maribavir



Marty FM et al. Lancet Infect Dis 2011;11:284-92.

- Initially studied as prophylactic agent for CMV in transplant patients, but in a pivotal Phase III trial the incidence of CMV disease was similar to placebo<sup>1</sup>
  - Study design problems: CMV disease as endpoint in the era of effective preemptive therapy, use of too-low doses (100 mg BID)



## Maribavir: Key pharmacology issues

- Oral tablet, bioavailability (30-40%)
- Maribavir does not cross blood-brain barrier →breakthrough CMV encephalitis
- Greater drug interaction potential at higher doses
  - Weak inhibitor of CYP3A4, P-gP, BRCP
    - 个 cyclosporine, tacrolimus, sirolimus
  - Strong CYP3A4 inducers decrease maribavir plasma concentrations

Gandhi RG, Kotton CN. Evaluating the Safety of Maribavir for the Treatment of Cytomegalovirus. TCRM 2022; 18:223–232.

### Maribavir for the treatment of CMV reactivation Results from Phase II trials



Maertens J, et al. N Engl J Med. 2019 381:1136-1147.

#### Maribavir for the treatment of resistant/refractory CMV infection Phase II trial



Papanicolaou GA et al. Clin Infect Dis 2019; 68:1255–1264.

Maribavir for the treatment of resistant/refractory CMV infection in HSCT and SOT recipient- A Phase III trial

#### **STUDY DESIGN**



#### **STUDY ENDPOINTS**



The primary endpoint was confirmed CMV viremia clearance at the end of Week 8 (regardless of premature treatment discontinuation).



The key secondary endpoint was a composite of confirmed CMV viremia clearance and symptom control at the end of Week 8, maintained through Week 16 after receiving exclusively study-assigned treatment.

Avery RK, et al. Clinical Infectious Diseases 2022; 75:690–701.

# Maribavir for the treatment of resistant/refractory CMV infection in HSCT and SOT recipient- A Phase III trial



"The availability of an orally bioavailable therapy without the tolerability issues associated with current therapies may confer patient management benefits."

Avery RK, et al. Clinical Infectious Diseases 2022; 75:690–701.

# Maribavir for the treatment of resistant/refractory CMV infection in HSCT and SOT recipient- A Phase III trial





Median (range) duration of exposure was 57 (2–64) days with maribavir and 34 (4–64) days with IAT.

Fewer patients discontinued maribavir than IAT due to TEAEs (13.2% vs 31.9%).

Dysgeusia was the most frequently reported TEAE in the maribavir group (maribavir: 37.2%; IAT: 3.4%).



Maribavir was associated with less acute kidney injury versus foscarnet (8.5% vs 21.3%) and neutropenia versus valganciclovir/ganciclovir (9.4% vs 33.9%).

One patient per treatment group had fatal treatment-related TEAEs.

Avery RK, et al. Clinical Infectious Diseases 2022; 75:690–701.

- Letermovir prophylaxis is now the preferred strategy for reducing CMV-specific morbidity and mortality
- However, entire spectrum of CMV management will likely change:
  - Letermovir (prophylaxis) → maribavir vs. ganciclovir/foscarnet (PET?) → combination therapy/adoptive immunotherapy (resistant/refractory?)
- Key future questions:
  - How long to continue prophylaxis/PET (CMI monitoring?)
  - Optimal treatment approach to resistant/refractory CMV?
  - Can immune augmentation strategies (vaccines, moAbs, T-cell therapy) demonstrate benefit?

### Summary

## **CMV** management post HSCT

Effective and less toxic antivirals: A cause for optimism

